



CONNECTICUT
HEALTH IMPROVEMENT COALITION
Partners Integrating Efforts and Improving Population Health

Healthy Connecticut 2020
State Health Improvement Plan

Mental Health and Substance Abuse ACTION Team
Meeting NOTES

Date: 08/05/2020
Time: 1:00pm - 3:00pm
Location: Microsoft Teams

Attendees: Cathy Sisco, Wheeler Clinic (Co-lead); Lauren Siembab (Co-lead), CT Dept. of Mental Health & Addiction Services; Ramona Anderson, CT Dept. of Public Health; Erica Garcia-Young, CT Dept. of Social Services; Robyn Gulley, North Central Area Agency on Aging; Carleen Zambetti, CT Dept. of Mental Health & Addiction Services; Marianne Buchelli, CT Dept. of Public Health; Orlando Velazco, CT Dept. of Public Health; Chantelle Archer, CT Dept. of Public Health

Agenda Items		Discussion	ACTION Items and person responsible
Welcome/Introductions <i>Cathy Sisco</i>	5 min		
HCT2020 SHIP Coalition <i>Chantelle Archer</i>	10 min	Members were briefed on the SHIP Coalition Call that was held on July 30, 2020 to update the Coalition on plans to continue developing the next State Health Improvement Plan: Healthy CT 2025 (SHIP 2.0). Some MHSA members did have the opportunity to participate on that call. The framework was introduced to the Coalition; it will focus on the root causes of health inequities (structural racism and inherent bias) and will include four priority areas (health care access, economic stability, healthy food and shelter, and community strength and resilience). Upcoming planning activities include a pre-planning webinar on August 17 th , followed by a series of virtual planning sessions to develop the goals, objectives, and strategies for the plan. The importance of having representation from state agencies and organizations as well as from individuals who are currently receiving services in the community or had previously received services was highlighted on the call. It is important that Action Team members engage with their organizations to ensure that these individuals can have their thoughts and opinions incorporated into the plan. Once the sessions have concluded, work will begin on completing a draft of the plan. The goal is to have a draft of the plan completed by October, with a final product completed by January. Healthy CT2025 is scheduled to launch by mid-February 2021.	
Data Worksheet Review <i>MHSA Action Team</i>	50 min	The Data Worksheet includes the objectives that were developed by the Action Team over the years and allows members to provide data for each objective and to look at data trends.	

	<p><i>Comments/Questions</i></p> <p><u>SHIP Objective MHS-1: Decrease by 5% the rate of mental health emergency department visits</u></p> <ul style="list-style-type: none"> ○ Ramona mentioned the state is preparing to launch a new Adjusting Pain Expectations campaign and a new grant project in the Office of Emergency Services addressing EMS staff resilience <p><u>SHIP Objective MHS-5: Reduce by 5% the use of opioids, including heroin across the lifespan (ages 12 and older)</u></p> <p>Q: <i>What was the Action Team’s thought process around trainings for primary care, OBGYNs, dental professionals, and other health professionals on alternatives to opiate use for pain management (Strategy 2)?</i></p> <ul style="list-style-type: none"> ○ A: In the beginning, Janet Storey (former co-chair from DMHAS) had done a lot of work with alternatives to opioids; materials were being put together which the committee was hoping to share; Janet had also looked at YouTube and other online videos that could be shared with medical providers about the alternatives and their effectiveness. Nothing moved with these. <p><u>SHIP Objective MHS-8: Increase by 5% trauma screening by primary care and behavioral health providers.</u></p> <p>Q: <i>Are trauma screenings completed across lifespans?</i></p> <ul style="list-style-type: none"> ○ A: Not aware of trauma screenings completed with older adults. ○ C: Several groups are screening for post-traumatic stress disorder in older adults. This may be something the group can look into. DSS and CHDI are looking at this same issue of a tool for that can be used across the lifespan. CHDI had also recommended using post-traumatic stress disorder screenings/ ○ C: In developing the new plan it would be a good opportunity to see how race, racial injustice, and other factors impact trauma overall. <p>DSS is working with a new federal grant called Integrated Care for Kids (INCK); Clifford Beers is the lead on this seven-year grant. One focus will include trauma and children, and its impact through a lifespan.</p>	
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Data Updates <i>MHSA Action Team</i>	50 min	<ul style="list-style-type: none">• <u>Opioid Related Overdose Deaths</u><ul style="list-style-type: none">○ DMHAS has an application with SAMHSA for continuation of grant work.○ DPH data from January to mid-June shows a 20% increase compared to last year.	
Next steps <i>Cathy Sisco</i>	5 min	<i>Next meeting: November 4, 2020; 1:00-3:00 PM</i> <i>Location: TBD</i>	